

## Get in Touch

To find out more about any service you are interested in, or to make a referral for yourself or someone else, you can call, email or visit our websites.

The Kirklees Mental Health Partnership aims to work together better to:

- Improve community mental health services for people and with people
- Ensure services are accessible to all
- Increase positive outcomes for people in our services
- Enable and create independence and resilience
- Increase prevention and early intervention work



# WORKING TOGETHER BETTER

Are you looking for Mental Health & Wellbeing support in Kirklees?

We are the commissioned, Community Adult Mental Health service providers from the voluntary sector, working together to provide a better mental health service in Kirklees.





### Community Links - CLEAR Service

The Community Links Engagement and Recovery Service (CLEAR) is commissioned to provide support for people in Kirklees with a range of mental health needs, including dementia to reach their goals and aspirations.

The CLEAR service supports self-help and promotes choice, wellbeing, recovery and inclusion.

**Tel: 01484 519097 or 01924 465054**

**Email: [clear.huddersfield@commlinks.co.uk](mailto:clear.huddersfield@commlinks.co.uk)  
[clear.dewsbury@commlinks.co.uk](mailto:clear.dewsbury@commlinks.co.uk)**

**Website: [www.commlinks.co.uk](http://www.commlinks.co.uk)**



### Richmond Fellowship - Kirklees Employment Service

Our employment service supports people to find meaningful paid employment, volunteering opportunities, education or training, encouraging the development of a sense of independence, purpose and fulfilment. Our service is available to adults in the Kirklees area who have been diagnosed with mental ill health, an autistic spectrum condition, or other hidden impairments such as ADHD, dyslexia, dyspraxia or early onset dementia.

**Tel: 01484 434866**

**Email: [info.kirkleesES@richmondfellowship.org.uk](mailto:info.kirkleesES@richmondfellowship.org.uk)**

**Website: <https://www.richmondfellowship.org.uk/yorkshire/kirklees-employment-service/>**



### Hoot Creative Arts

Hoot offers high quality creative activities with professional community artists for people experiencing issues with their mental health or wanting to maintain their wellbeing.

We also offer a specialist programme of creative activities for people with dementia. Hoot delivers sessions in Huddersfield, Dewsbury and Batley.

**Tel: 01484 516224**

**Email: [info@hootmusic.co.uk](mailto:info@hootmusic.co.uk)**

**Website: [www.hootcreativearts.co.uk](http://www.hootcreativearts.co.uk)**



### Cloverleaf Advocacy – Carers Count Service

We support carers whose loved ones have mental health needs, or are using drugs/alcohol or both. We provide 1:1 emotional support, carers groups, short carer breaks, a information and advice. We also provide advocacy support to help carers speak up for themselves.

**Tel: 0300 012 0231**

**Email: [info@carerscount.org.uk](mailto:info@carerscount.org.uk)**

**Website: [www.carerscount.org.uk](http://www.carerscount.org.uk)**



### Women's Centre - Women's Mental Health & Wellbeing Service

We provide safe women-only spaces in both North and South Kirklees, offering drop-in sessions, counselling, therapeutic 1:1 support and group work and self help groups in the following areas: confidence building, mothers apart from children, refugee & migration support, LBTQ, relationships, eating distress, post-natal support, quitting smoking, music/movement therapy, walking and nature wisdom. We recognise life experiences and skills as assets and offer opportunities to 'give back' and get more involved.

**Tel: 01484 450866 & 07590 445846**

**Email: [wmh@womenscentre.org.uk](mailto:wmh@womenscentre.org.uk)**

**Website: [www.womenscentre.org.uk](http://www.womenscentre.org.uk)**



### Support to Recovery (S2R) - The Great Outdoors Project

Opportunities for adults to engage in activities connected to the natural environment, such as: allotments, conservation tasks, bushcraft, bee keeping, along with seasonal activities. Delivered in small group settings to improve emotional and physical well-being, reduce anxiety and promote social connections. Our activities take place at our venue in

Huddersfield and various locations across North and South Kirklees. You will have the opportunity to contribute your ideas and skills to help us shape the service for the future.

**Tel: 01484 539531**

**Email: [contact@s2r.org.uk](mailto:contact@s2r.org.uk)**

**Website: [www.s2r.org.uk](http://www.s2r.org.uk)**



### Touchstone - Kirklees Advocacy & Peer Brokerage Services

Provides statutory and non statutory advocacy for Kirklees, includes Mental Health, Mental Capacity, Health Complaints and general advocacy, supporting people to understand their rights and have their voice heard. Group advocacy opportunities are developing and include "Meeting of Minds", a peer-led forum. We also deliver brokerage support for people to use their mental health personal budgets (and/or their own funds) to create personalised support packages to maintain independence and recovery.

**Tel: 01924 460211**

**Email: [advocacy@touchstonesupport.org.uk](mailto:advocacy@touchstonesupport.org.uk)**

**Website: [www.touchstonesupport.org.uk](http://www.touchstonesupport.org.uk)**